

217 Union Avenue 2nd Floor
Altoona, PA 16602
Web: www.brucehersey.com

Phone: 814.944.3852
Fax: 814.943.2022
email: brucehersey@gmail.com

License & Certifications:

PA Licensed Clinical Social Worker 1989 to present
ABECSW Board Certified Diplomate in Clinical Social Work 1987 to present

AASECT Certified Sex Therapist 1994 to present
AASECT Diplomate in Sex Therapy 2002 to present
AASECT Sex Therapist Supervisor 2004 to present

EMDRIA Therapist Certified in EMDR 2004 to present
EMDRIA Approved Consultant 2004 to present

ASCH Certified in Clinical Hypnosis 2004 to present
CSL Certified in Internal Family Systems Therapy 2010 to present

Memberships:

Academy of Certified Social Workers: **ACSW**
American Association of Sex Educators, Counselors and Therapists: **AASECT**
American Society of Clinical Hypnosis: **ASCH**
Eye Movement Desensitization and Reprocessing International Association: **EMDRIA**
National Association of Social Workers: **NASW**

Education:

Master of Social Work: Rutgers University 1982 - Student Association President 1981
Bachelor of Arts: Trenton State College 1979 - Psychology Major, Art Therapy Minor
Graduate Courses in Industrial Relations: St. Francis College

Continuing Professional Education:

available upon request.

Professional Training Presentations/Workshops:

IFS-Informed EMDR: The Internal Family Systems Interweave (6 hrs)
Ft. Washington, PA 10/27/18, Flourtown, PA 10/14/18, Asheville, NC 9/14/18, Altoona, PA 3/22/18

The Unburdening of Dot: An IFS Escape Room (3 hrs) Altoona, PA 3/23/18

Implicit IFS: Indirect & Subtle Ways to Bring IFS to Your Client (3 hrs) Altoona, PA 3/23/18

EMDR & IFS: The Internal Family Systems Interweave (12 hrs) Co-presented with Lois Ehrmann, PhD 2 times from 2015-2016

IFS: A Conceptual Overview (3 hrs) Co-presented with Lois Ehrmann, PhD 10 times from 2012-2015

Introduction to Internal Family Systems: Working Systemically with the Inner Parts of the Person (20 hrs) Co-presented with Lois Ehrmann, PhD 6 times from 2012-2015

Raising a Self-Led Trauma Treatment Agency: The First Two Years (1.5 hrs) Co-presented with Lois Ehrmann, PhD IFS International Conference, Boston, MA 10/2011

Weird Science: Quantum Applications of IFS (1.5 hrs) IFS International Conference, Chicago, IL 10/2008

The Physics of Ego States: Internal Family Systems Passes Inspection by the Quantum Mechanic (1.5 hrs) IFS International Conference, Chicago, IL 10/2007

The Physics of Ego States: A Space-Time Integration Model for Treatment of Complex Disorders of Attachment, Trauma & Dissociation (6 hrs) Johnstown, PA 3/24/06

Work History:

May 1990 to present: Full time independent private practice at above address.

Advanced clinical consultation, supervision and training conducted for individual clinicians and groups, & staff development at facilities and agencies. Focus on sexual, trauma and attachment disorders in particular, and improving general clinical skills with increasing emphasis in somatic and sensorimotor awareness, hypnotic approaches, ego state (Internal Family Systems) models, and EMDR.

Provider of continuing education training in advanced clinical approaches to mental health professionals; primarily ego state approaches including IFS, EMDR, and clinical hypnosis.

My practice includes fee for service direct provision of individual and couples psychotherapy and, at times, group therapy, exclusively to an adult population. Sexual & relationship issues, attachment & intimacy disorders, simple & complex PTSD, anxiety & depression are the most frequently treated problems.

Critical Incident Stress Debriefing and other EAP services have been administered under contracts with MCO and EAP Networks.

Sex Therapy Consultation to facilities for special populations included: Psychosocial Sexual Behavior Evaluations, individual sexual behavior therapy, consultation, treatment planning, and staff development in psychosocial sexual behavior issues.

Founded and directed Sexual Trauma Prevention and Recovery Systems (1990-1998), which provided therapy groups for survivors and perpetrators of sexual abuse, their spouses and families. Conducted psychosocial sexual behavior evaluations, treatment

planning, individual, couple and family therapy services. Partners' support groups for both survivors' and perpetrators' partners. Made recommendations & coordinated services with criminal justice system; court, prisons, parole and probation. Included developmentally disabled offenders.

November 1983 to May 1990: Outpatient Therapist at Altoona Hospital Community Mental Health Center (now Altoona Regional Health System Behavioral Health Services).

Individual, couple, family and group psychotherapy. Treated a variety of mental health disorders in adults and children, as part of interdisciplinary team. Developed a specialization in sex offender treatment and borderline personality disorder. Special interests were marital therapy, sexual abuse survivors and post-traumatic stress disorder. Developed a sex offender treatment program. Clinical supervision of staff by special assignment and provision of in-service training on selected topics.

Sexuality Consultation

Cove Forge Behavioral Health System Residential Treatment Program:
1/15/2003 to present

Juniata Valley TriCounty MH/MR:
1/15/2003 to present

Raystown Developmental Services:
1/15/2003 to present

LifeStyle Support Services:
1/15/2003 to present

Selinsgrove Center:
9/27/1999 to 6/30/2003

Ebensburg Center:
4/1/2003 to 6/30/2006

Sex Offender Treatment

Private Practice: Sexual Trauma Prevention and Recovery Systems:
1990 to 1998

Prior Work History

11/82 to 11/83; Family Therapist, Bayshore Youth Services Bureau Keyport, NJ

7/82 to 7/83; Case Consultant, Old Bridge Family Service Assoc. Old Bridge, NJ

9/81 to 5/82; Clinical Soc. Work Intern, Raritan Bay MHC Perth Amboy, NJ

10/80 to 5/81; Clin. Soc. Wk. Intern, Skillman Training School for Boys Skillman, NJ

12/81 to 11/82; M. H. Specialist, Rutgers Medical School CMHC Piscataway, NJ

6/81 to 9/81; Mental Health Worker, Fair Oaks Hospital Summit, NJ

6/80 to 6/81; M. H. Associate, Hunterdon Medical Center CMHC Flemington, NJ

12/79 to 6/81; Outreach Worker, Hunterdon Med. Center CMHC Flemington, NJ

6/79 to 9/79; Counselor, Trenton Psychiatric Hospital Trenton, NJ

6/80 to 6/81; Tutor, Center for Personal and Academic Development
Trenton State College, NJ